



June 2017

Dear Parent/Carer

Re: PSHE day - Sex and Relationship Education for Year 8-10

I am writing to inform you that your child's next PSHE lessons will be focusing on Sex and Relationship Education (SRE). These will take place on Friday 14th July 2017.

Sex and Relationship Education is learning about the emotional, social and physical aspects of growing up, relationships, sex and sexual health. During the day, lessons will be delivered to provide accurate information about the body, reproduction and sexual health. It will also give our students the essential skills for building positive, enjoyable, respectful and non-exploitative relationships and staying safe both on and offline.

We believe that if young people can start their transition into adulthood with good information and the confidence and knowledge to understand what is happening to them, they will hopefully grow into confident and healthy adults able to make positive choices. This can start with learning the skills about growing up and the sessions in school may reinforce what you are already doing at home.

All teaching materials are appropriate to the age and emotional maturity of the students concerned and teachers will aim to present the programme in an objective, balanced and sensitive manner. Year 10 students' lessons will be facilitated by trained professionals from Brook (education charity providing wellbeing and sexual health support). This lesson will also include information, advice and discussions surrounding contraception.

Parents/carers are able to withdraw their child from all or part of Sex and Relationship Education that does not form part of the statutory National Curriculum. If you wish to withdraw your child from all or part of the school's Sex and Relationship Education programme we ask that you contact us in writing before Thursday 13th July 2017.

Yours sincerely

Mrs K Elford
PSHE Co-ordinator