

# Curriculum Summary Documents

## Year 8 PSHE

Module/Unit of Learning	Taught During	What will students learn?	How does this help to broaden horizons?	Links to other Subjects
Health and wellbeing	Autumn Half Term 1	<b>Drugs and alcohol</b> Alcohol and drug misuse and pressures relating to drug use	Focusing on the effects of drinking too much alcohol, what constitutes relatively 'safe' alcohol consumption. Introducing the topic of drugs. And the definition of the word 'drug', the different types of legal and illegal drugs, including medicines, prescribed drugs and controlled drugs	Science
Living in the wider world	Autumn Half Term 2	<b>Community and careers</b> Equality of opportunity in careers and life choices, and different types and patterns of work	Discrimination and the need for the Equality Act 2010, challenges faced and how the law protects and future employment skills.	Careers
Relationships	Spring Half Term 1	<b>Discrimination</b> Discrimination in all its forms, including: racism, religious discrimination, disability, discrimination, sexism, homophobia etc	Prejudice and discrimination and the importance of challenging them assertively.	RE and World Views
Health and wellbeing	Spring Half Term 2	<b>Emotional wellbeing</b> Mental health and emotional wellbeing, including body image and coping strategies	Emotional wellbeing and mental health, what is meant and how to recognise the signs of mental illness, self-care strategies, resilience and overcoming negative feelings.	
Relationships	Summer Half Term 1	<b>Identity and relationships</b> Gender identity, sexual orientation, consent, 'sexting', and an introduction to contraception	Gender identity and at stereotypes, laws that have been made to protect people, what 'consent' means and how to recognise when consent has been given and the introduction to contraception.	

Living in the wider world	Summer Half Term 2	<b>Digital literacy</b> Online safety, digital literacy, media reliability, and gambling.	Ways in which they could be groomed or exploited, recognise warnings signs, what the consequences could be.	Computing
---------------------------	--------------------	--	---	-----------