

# Curriculum Summary Documents

## Year 9 PSHE

Module/Unit of Learning	Taught During	What will students learn?	How does this deepen understanding and enrich experience?	Links to other Subjects
Health and wellbeing	Autumn Half Term 1	Peer influence, substance use and gangs. Healthy and unhealthy friendships, assertiveness, substance misuse, and gang exploitation	Why some people turn to substance abuse, how self-care is key, while being able to seek and give signposted help. What constitutes antisocial behaviour, why people commit anti-social behaviour, the legal ramifications and the consequences of knife crime, why knife crime is difficult to prevent, and why young people become involved.	Character Curriculum
Living in the wider world	Autumn Half Term 2	Overt and Covert Racism, the economy and sustainability	Integrating lessons on overt and covert racism, the economy, and sustainability into the curriculum enriches student experience by fostering a comprehensive understanding of social issues, promoting empathy and awareness, enhancing critical thinking, and preparing students for informed and active citizenship. This interdisciplinary approach not only deepens their knowledge but also equips them with the skills and values needed to navigate and improve the complex world they live in.	
Relationships	Spring Half Term 1	Respectful relationships. Families and parenting, healthy relationships, conflict resolution, and relationship changes	Different types of families, parenting and relationships, the dangers and risks of running away and where help can be obtained.	Character Curriculum
Health and wellbeing	Spring Half Term 2	Healthy lifestyle. Diet, exercise, lifestyle balance and healthy choices, and first aid	The importance of sleep and how important sleep is for our wellbeing and brain function — particularly during adolescence. Body positivity and conflicting views and opinions. The rise and influence in vaping and the effect on young people.	Character Curriculum
Relationships	Summer Term	Intimate relationships Relationships and sex education including consent, contraception, the risks of STIs, and attitudes to pornography	What freedom and capacity to consent mean in different contexts, why trying to make someone more vulnerable, or misleading them, is wrong, and can be a serious offence.  Pornography and its impact on understanding consent and it's impact on people's understanding and expectations of consent, the inaccurate and dangerous messages it can convey.  Common STIs, the symptoms and the best ways of preventing them.	Character Curriculum